



# DECEMBER | 2023

## High School Breakfast




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|   |   |   |   |   |
|---|---|---|---|---|
| 27  | 28  | 29<br>   | 30  | 1<br>Warm Breakfast<br>Sandwich<br>100% Juice<br>Fresh Fruit<br>Choice of Milk  |
| 4<br>Warm Muffin<br>100% Juice<br>Fresh Fruit<br>Choice of Milk                           | 5<br>Warm Donut<br>100% Juice<br>Fresh Fruit<br>Choice of Milk  | 6<br>Warm bowl of Oatmeal<br>100% Juice<br>Fresh Fruit<br>Choice of Milk                  | 7<br>Warm Bagel<br>100% Juice<br>Fresh Fruit<br>Choice of Milk  | 8<br>Warm Breakfast<br>Sandwich<br>100% Juice<br>Fresh Fruit<br>Choice of Milk  |
| 11<br>Warm Muffin<br>100% Juice<br>Fresh Fruit<br>Choice of Milk                          | 12<br>Warm Donut<br>100% Juice<br>Fresh Fruit<br>Choice of Milk | 13<br>Warm bowl of Oatmeal<br>Fresh Fruit<br>100% Juice<br>Choice of Milk                 | 14<br>Warm Bagel<br>100% Juice<br>Fresh Fruit<br>Choice of Milk | 15<br>Warm Breakfast<br>Sandwich<br>100% Juice<br>Fresh Fruit<br>Choice of Milk |
| 18<br>Warm Muffin<br>100% Juice<br>Fresh Fruit<br>Choice of Milk                          | 19<br>Warm Donut<br>100% Juice<br>Fresh Fruit<br>Choice of Milk | 20<br>Warm bowl of Oatmeal<br>100% Juice<br>Fresh Fruit<br>Choice of Milk                 | 21<br>Warm Bagel<br>100% Juice<br>Fresh Fruit<br>Choice of Milk | 22<br>Warm Breakfast<br>Sandwich<br>100% Juice<br>Fresh Fruit<br>Choice of Milk |
| 25<br> | 26  | 27<br> | 28  | 29  |

### News

Winter Break;  
Dec.25<sup>th</sup>- Jan.2<sup>nd</sup>

Milk Choices;  
1% White  
1% Chocolate

Fruit Choices;  
Apple  
Banana  
Clementine  
Applesauce



\*Cold Cereal and  
Cereal Bars Offered  
Daily as a Breakfast  
Alternative.